

Wellbeing Groups Schedule: 20/11/23 – 24/11/23

Mon

20th

14:30-16:00

**Singing Back The Memories Northfleet**

St Botolph's Church Hall, Northfleet

18:30-20:00

**Kindred Spirits Peer Group**

Dartford Social Club (invite only)

Tue

21st

13:30-15:30

**Shorne Cafe**

Shorne Village Hall

Wed

22nd

10:00-12:00

**Gravesend Peer Support**

Safeharbour Centre (invite only)

10:30-12:00

**Singing Back The Memories Sheppey**

Halfway Working Man's Club

13:30-15:30

**Dartford Peer Support**

Temple Hill Community Centre

13:30-15:00

**Singing Back The Memories Leysdown**

Leysdown Village Hall

Thu

23rd

09:00-13:30

**Carers Learning Programme**

Temple Hill Community Centre

10:30-12:30

**New Ash Green Cafe**

Redlibbets Golf Club

Fri

24th

10:30-12:00

**Singing Back The Memories Dartford**

Tree Community Centre

13:30-15:30

**Gravesend Art Support Group**

Safeharbour Hub (invite only)

14:00-14:45

**Chairfit**

Cyclopark