

Wellbeing Groups Schedule: 13/11/23 – 17/11/23

Mon 13th	14:00-16:00	Gravesend Drop In Safeharbour Centre (invite only)
Tue 14th	13:30-15:30	Northfleet Activity Cafe Scout Hall, Beresford Road
Wed 15th	10:00-12:00	Dartford Drop In 'The Meeting Place' - Dartford Orchard Shopping Centre
	13:30-15:30	Dartford Memory Cafe Temple Hill Community Centre
Thu 16th	09:00-13:30	Carers Learning Programme Temple Hill Community Centre
	10:30-12:00	Singing Back The Memories Sittingbourne Sittingbourne.Me Avenue Theatre
	10:30-12:30	Longfield Cafe Longfield Working Man's Club
	13:30-15:00	Singing Back The Memories Faversham The Alexander Centre
Fri 17th	10:30-12:30	Gravesend Memory Cafe Masonic Hall, Gravesend
	11:30-13:00	Singing Back The Memories Swanley St Peters Community Centre
	14:00-14:45	Chairfit Cyclopark