

Wellbeing Groups Schedule: 30/10/23 – 03/11/23

Mon 30th		No groups
Tue 31st		No groups
Wed 1st		No groups
Thu 2nd	10:30-12:00	Singing Back The Memories Sittingbourne The Avenue Theatre
	13:30-15:00	Singing Back The Memories Faversham The Alexander Centre
	13:30-15:30	Meopham Cafe Meopham Village Hall
Fri 3rd	11:30-13:00	Singing Back The Memories Swanley St Peters Community Centre, Hextable
	14:00-14:45	Chairfit Cyclopark
	15:00-17:00	ADSS Annual General Meeting Masonic Hall