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| **Role Title: Befriender** | | **Responsible to: Befriending Coordinator** |
| Where (Location): | To provide 1:1 Befriending to an allocated person within Gravesham, Dartford and Swanley | |
| Time commitment: | 2-3 hours per week /fortnight | |
| Role: | To befriend an adult with dementia or their carer, to improve their self-confidence, emotional health and wellbeing, reducing their social isolation and promote their independence. | |
| Responsibilities: | * To visit a person with whom you have been matched, building a relationship of friendship and trust * To give the person some company and companionship in their own home * To complete a visit sheet after each visit and to participate in regular supervision with the Befriending Coordinator * To liaise, at times, with organisation name staff or other agencies as appropriate * To uphold organisation name core principles, vision, culture and values and abide by the policies and procedures as per the volunteer handbook * If a person needs more support the volunteer should report this to the Volunteer Coordinator (when needs change) | |
| Qualities and Skills required | * To be reliable and have a genuine interest in the desire to make a difference in the lives of people with dementia * Good communication skills * Patience and a warm and friendly attitude * The ability to speak another language is welcomed | |
| Training and support | * You will be required to attend the Befriending Induction training and participate in further training and/or networking events which may be offered. * Ongoing support and supervision will be given by the Befriending coordinator either in person or via skype/telephone. * Regular reviews will take place and an opportunity given for peer support through networking events with other Befrienders * Regular newsletters, updates and news from the Befriending Service will be sent to you by email * Reimbursement of out of pocket expenses such as mileage or public transport costs. | |
| Any other Requirements | Due to the vulnerable nature of the people we support we will require two references and also DBS checks. Further details will be discussed with you at recruitment. | |